



FOOD & NUTRITION SOCIETY (FNS)

<http://fnsuvas.com/>; Email: muniba.khaliq@uvas.edu.pk; Phone: 042-99212866, Ext.213

EVENTS BY FNS ON SPRING FESTIVAL

NUTRIMANIA

Competition category:

- Local Traditional Healthy Dishes
- Healthy Fast food

Rules and Regulations:

1. The competition would be held on 8th March, 2024.
2. All degree programs have equal opportunity to contest.
3. There will be 2 members in each team.
4. A team comprising contestants of mixed degrees will not be entertained (except Post Graduate Category).
5. Further selection of winners will be according to the:
 - Time Consumption
 - Nutrition Value
 - Presentation
 - Innovation

GENERAL INSTRUCTIONS

- Participants should bring raw materials and serving commodities for their products.
- Participants should bring their own utensils.
- No stoves will be provided.
- Bring cooked ingredients if needed.
- Winners will be awarded shields in addition to certificates for the participants.

For Participation please contact: **Miss Muniba Ikhtlaq , FSHN**



FOOD & NUTRITION SOCIETY (FNS)

<http://fnsuvas.com/>; Email: muniba.khaliq@uvas.edu.pk; Phone: 042-99212866, Ext.213